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Regehr finally excited

By [RANDY SPORTAK](#) -- Calgary Sun

Stoic for so long, Robyn Regehr finally allowed himself to get caught up in the excitement.

The Calgary Flames defenceman, who declined to talk about the Olympics from the day he was named to Canada's team, relented moments after his team's 3-2 OT win over St. Louis Friday night.

He freely admitted getting a charge from playing in his first Olympic tournament.

"It's been building steadily," said Regehr, who'll depart the Stampede City today.

"I've been trying not to think about it because of the important games we've had here but it's been hard not to think about it as the date's been getting closer.

"Especially with my family being extremely excited, my parents and brother and sister are going to be over there and for me being my first Olympic experience.

"I'm really looking forward to it."

Regehr and Flames captain Jarome Iginla leave for Toronto today where they'll meet up with their Team Canada teammates.

Following practice, they'll depart for Turin tomorrow and play their first game Wednesday against Italy.

"It'll be nice to get everyone together," said Regehr. "A lot of guys play different systems on their teams, so the big thing for us will be to come together as a team as quickly as possible, all do the same things and the proper things out there. I don't think you prepare that much differently. The big thing is to really be thinking about what we have to do.

"I don't want to say it's going to be a game just like any other game.

"It's gonna be a higher level, a quicker pace and you're dealing with a little different rules than the National Hockey League, plus a bigger ice surface."



Nashville Predators Jordin Tootoo (left) hits Calgary Flames Robyn Regehr (right) along the boards during third period NHL hockey action in Calgary, Alta. Tuesday Dec. 27, 2005. (CP PHOTO/Larry MacDougal)

<http://www.canoe.ca/Slam/Olympics/2006Turin/TeamCanada/Hockey/Regehr/2006/02/12/pf-1438856.html>